



THE RUNNING POSTMAN NEWSLETTER

**Corner Hardey Road and
Glen Forrest Drive, Glen Forrest
Issue 1, May 2017.**

All are welcome!!

Regular work is happening on the garden every Sunday morning. From 9.30 onwards we welcome newcomers to help out with any of the tasks at the garden. This could involve plant selection, planting, mulching, weeding or watering. Alternatively, just come for a cuppa and some morning tea and we will let you know how you can get involved.



Thank you Louise for painting our sign!! Our beautiful new sign is now in its permanent position.

HISTORY OF THE GARDEN – THE SHED.

In March 2015 Helena College kindly donated their garden shed to us. It was dismantled from its original site and reconstructed by a Wooroloo prisoner work party. They also constructed footings and laid slabs for the floor.

It is used for storage of garden tools, furniture and other consumables. The shed has had an extensive Autumn tidy up including pruning and weeding its surrounds.

Unfortunately the shed has been broken into on several occasions. We would therefore ask the local community to keep an eye out for any suspicious activity at the garden.



WHAT'S GROWING IN THE GARDEN?

It's the beginning of May and we still have pumpkins, zucchinis and watermelons growing in the garden. Grapevines and peas have been planted to climb the new trellises.

A number of fruit trees are becoming established and should start to produce fruit on a seasonal basis.

Also, the garden contains a wide variety of native plants that flower throughout the year.



PLANT OF THE MONTH



The beautiful *Hakea laurina* (pin cushion hakea) is a hardy native plant that originates from the south west area of our state. It is native to an area bounded by an approximate triangle from Narrogin to Albany to Esperance. The ornamental flowers are a deep red ovoid shape with white styles. Its flowering time is May to July and it adapts to most soils – sand, gravel and clay. *Information from "Hakeas of Western Australia" by J.A. Young.*

NOONGAR SEASON

Djeran is the Noongar season for April and May. Cooler nights are the first hint that the weather is cooling then dewy mornings and lighter winds.

EVENTS



On Sunday 7th May a Pizza and Games evening was held. A draughts board was constructed with paving bricks as seen in the photo above. It was a very enjoyable evening with children and adults bringing balls, petanque and board games.

UPCOMING EVENTS

June 24, Saturday 3.30pm - Bonfire and pizza. (Time to be advised.)

July 29, Saturday – Wildlife Talks.

August 26, Saturday – Local history walk.

September 23, Saturday – Equinox long table lunch.

October – Spring planting.