



THE RUNNING POSTMAN NEWSLETTER

**Corner Hardey Road and
Glen Forrest Drive, Glen Forrest
Issue 8, September 2018.**

All are welcome!!

Regular work happens at the garden every Sunday morning. From 9.30 am until about 12 noon we can be found cultivating the existing plants and preparing new beds. We welcome newcomers to visit and become involved.

NEW MEMBERS

We have two new members at the garden. Nathan from Hovea and Anne Marie from Mount Helena.

RECENT WORK



A work party from Wooroloo came to the garden in August. Many jobs, even though scheduled, could not be performed due to the rain that day. However, the workers still mowed, whippersnipped, tidied up the main path and dug holes for planting. Sealant was applied to our shed roof to stop the leaks. Rocks were laid to line the creek. During previous visits and with this work, the creek is now weeded and rocks line the fragile areas.



WHEAT GROWING TRIAL

As part of a school project on food waste, Freya, a year 9 student, is growing wheat at the garden. This is part of a trial to see how many square metres of wheat are needed to make a loaf of bread. Freya is endeavouring to find out.

MUNDARING SEED LIBRARY UPDATE

Mundaring Seed Library launch is on Saturday 15th September from 10am to 12 noon in the Mundaring Lesser Hall. Seeds are being collected now to generate the borrowing stock for the new seed bank which will appear soon at the Albert Facey Library in Mundaring. For more information see the website: mt.org.au.

FESTIVAL OF FORGOTTEN SKILLS

PLANT OF THE MONTH

The happy wanderer or Hardenbergia is a vigorous climbing Australian native. Originally purple there are cultivars of white (as grown in the community garden) and pink. They like sun or partial shade and well drained soils.



PIZZA OVEN

The pizza oven is back in action. There were a few lucky locals who happened by the garden one Sunday around lunch time and were able to share some of our pizza.



Due to popular demand, the Festival of Forgotten Skills is happening in the garden again this October. There will be a range of free hands-on workshops and activities. So far, we have organised paper-making, mosaics, pruning, garden tool maintenance, spinning, knitting, olden day games and of course pizza. Plus, food share, plant share, book share and clothes share. People should check out the facebook page 'Festival of Forgotten Skills 2018' for updates as new information becomes available. Please tell friends and family to come and join in the fun.

UPCOMING EVENTS

Spring planting – late September

Festival of Forgotten Skills – Saturday 6 October 2-5pm

Scarecrow making and pizza - Sunday 28th October 2pm

NOONGAR SEASON

Dijlba is the Noongar season for August and September. There are still cold days and nights but there are also the occasional warmer days. The grass is growing from all the rain and the new warmth of the sun.